



## Mimi – mind changer

# Practicing tolerance

This mind changer activity fosters empathy and tolerance. Imagine that you are teaching or working with a group of people, some of them have migratory background. You have noticed that the learners without migratory background never mingle with or talk to those that have migratory background and vice versa. Use this example situation as an opportunity to talk with your learners about the fact that learning from other cultures can be an enrichment to our lives and that it is an opportunity to practice empathy and tolerance towards one another.

### Step 01

#### Prepare

Think about the concept of tolerance and what it stands for. Take some notes. Explain it to your learners in Step 02.

### Step 02

#### Implement

Explain the concept of tolerance. Present learners with the example situation above. Ask them about their opinions on how to handle the situation with tolerance.

### Step 03

#### Develop

Learners develop ideas and strategies of how to practice tolerance in their everyday lives.

### Step 04

#### Follow-up

Learners write a short text and explain why empathy and tolerance are important values in a multi-cultural society.

### Recommendations, Tips & Hints

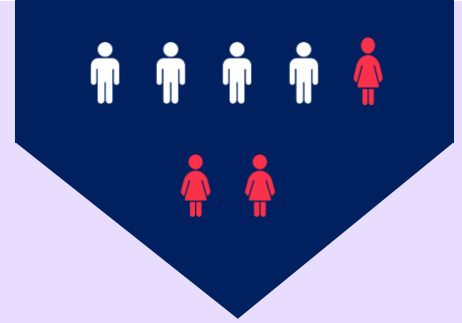
Make sure to explain the concept of empathy and tolerance to learners. Highlight that empathy is a key to the problem of making quick unjustifiable judgments about migrants as a problem.

#### Classroom resources

Flipchart/whiteboard  
Paper  
Pens

#### Duration

60 - 90 minutes



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Picture this:

A fair amount of your employees/colleagues are people with migratory background. In weekly meetings, you often notice that these employees are talking to each other, while another colleague is presenting the agenda, for example. Immediately, you think that it is impolite to have “private conversations” during meetings. Now, put yourself in your colleagues’ shoes: could it really have been their intention to be impolite? Perhaps the meeting is really important to them and they just wanted to make sure that they understood everything that has been said in the meeting. Therefore, by taking on a different perspective and seeing things through your colleagues’ eyes, you are practicing a more tolerant attitude. This will strengthen your intercultural communication skills.

## TOLERANCE

The responsibility of tolerance lies with those who have the wider vision.

George Eliot

### About the tool

This exercise is designed to practice empathy and tolerance towards other people.

### Food for thought

What do you think other people see when they look at you? Try putting yourself in their shoes.

### Key words

Empathy, understanding and open-mindedness.

Read this:

<https://www.theodysseyonline.com/important-put-yourself-someone-elses-shoes>